



Domestic Violence Awareness Training

DOVE's Domestic Violence Awareness Training is a comprehensive overview of issues related to dating and domestic violence, as well as working with survivors. It is ideal for social service providers, advocates, law enforcement, health care workers, clergy, and anyone committed to helping end domestic violence.

This intensive training – complete with expert speakers, videos, and role-plays – offers valuable knowledge and skill-building needed to appropriately work with victims and survivors of domestic violence.

Training Dates & Topics

Wednesday, September 6	6:00-9:30pm	Domestic Violence ~ An Introduction/Overview <i>* Strongly recommended if attending other sessions</i>
Monday, September 11	6:00-9:30pm	History of the DV movement <i>and</i> Navigating our Systems
Wednesday, September 13	6:00-9:30pm	Working with Survivors and Risk Assessment & Safety Planning
Monday, September 18	6:00-9:30pm	DV Work with/within Faith Communities, Immigrant Communities
Saturday, September 23	9:00-12:30pm	Working with Survivors with Mental Health &/or Substance Abuse Issues
Saturday, September 23	1:00-4:00pm	DV Work with/within in LGBT/Q (Lesbian, Gay, Bisexual, Transgender, +/or Queer) Communities <i>* Lunch Provided</i>
Monday, September 25	6:00-9:30pm	Understanding the Abuser
Wednesday, September 27	6:00-9:30pm	Children & Trauma and Later-in-Life Abuse
Monday, October 2	6:00-9:30pm	Legal Issues: Criminal Process & Family Law <i>and</i> The Police Response to Domestic Violence
Wednesday, October 4	6:00-9:30pm	Sexual Assault <i>and</i> Teen Dating Violence

Wednesday October 11th 6-9:30 'make-up' date if needed

Training Registration Fees

\$30.00 per session (\$35 for CEUS)
or \$270 (\$315 for CEUS) when you register for all 10 sessions

Advanced registration is required

Training Location

Quincy High School (2nd Floor, Adams Hall)
100 Coddington St
Quincy, MA 02169

Social Work & LMHC CEUs approved
See attached session descriptions

For more information, or to register for **one** or **all** of the sessions, please register online: <https://goo.gl/forms/2fh36n8Qq8j7elmg2>
Or by phone: **Jen at 617-770-4065 x104**



Session One

Domestic Violence ~ An Introduction/Overview

This is the first of eleven sessions designed to educate professionals and community members on the many issues related to domestic violence. An overview of domestic violence is presented including; defining domestic violence, the five forms of abuse, the Cycle of Violence and Power and Control. Participants will also learn about DOVE's programs and services.

Session Two

History of the Domestic Violence Movement

Participants will gain a greater understanding of the roots of the domestic violence movement and explore where the movement started and discuss where change still needs to occur.

Navigating our Systems

In part two, participate in a silent interactive survivor activity called "In her Shoes" where participants move, do, think and experience the lives of victims and survivors by reading cards that carry you through the obstacles of leaving an abusive relationship.

Session Three

Working with Survivors

Learn the knowledge and skills to work with adults who have experienced abuse. The issue of why victims stay in abusive relationships is re-framed to examine what prevents them from being safe, thus avoiding victim-blame. Crisis intervention, symptoms of abuse, trauma, and helper boundary issues are discussed.

Risk Assessment & Safety Planning

Learn to identify key risk and dangerousness indicators and how to work with survivors to develop and implement safety plans when they are in relationships with abusers, preparing to leave such relationships, and what to do once the relationship ends.

Session Four

Domestic Violence Work with/within Faith Communities

Victims and survivors of domestic violence are often involved with a church, synagogue, mosque, or other community of faith, and may turn to someone in this community for help. Consider domestic violence from the point of view of a faithful survivor, from the point of view of a faithful "first responder," and from the point of view of a congregation.

Domestic Violence Work with/within Immigrant Communities

Examine the unique, multi-faceted challenges facing survivors in the Immigrant communities. Participants are educated about myths and stereotypes often associated with these communities. In addition, culturally appropriate and inclusive interventions are presented.

Session Five

Working with Survivors with Mental Health Issues

Experiencing abuse can affect how a person feels, thinks, and interacts with the world. Examine how domestic violence can significantly impact a person's mental health and well-being. Explore new strategies to address safety and support wellness, providing integrated information, education and support.

Working with Survivors with Substance Abuse Issues

Substance abuse, misuse, or addiction is a common method of relieving pain and coping with anxiety, depression and sleep disruption associated with abuse. Participants will learn about ways to better extend services and advocacy to survivors of domestic violence with co-occurring issues of substance abuse.

Session Six

DV Work with/within L(esbian) G(ay) B(isexual) and/or T(ransgender) Communities

Examine the unique, multi-faceted challenges facing survivors in LGBT communities. Participants are educated about myths and stereotypes often associated with these communities. In addition, culturally responsive interventions are presented.

Session Seven

Understanding the Abuser

Participants explore different theories of abuse and the impact of violence, including psychoanalytic, family systems, social-learning, feminist, and ecological perspectives. Participants learn potential warning signs of battering personalities, as well as appropriate intervention models for working with those who choose to abuse.

Session Eight

Children & Trauma

Explore the devastating impact domestic violence has on children from birth through adolescence and into adulthood. Emotional, behavioral, and cognitive indicators are addressed. In addition, the parent-child relationship in the context of domestic violence is explored, as well as interventions for working with children.

Later-in-Life Abuse

Learn about the special challenges facing older domestic violence victims, mandated reporting in elder abuse cases, as well as available resources and services.

Session Nine

Criminal Process & Family Law

Learn about the role of using family court as part of an overall safety plan for survivors and their families, and examine the unique challenges faced by survivors in the family court system. Identify and discuss issues to be addressed in helping to set realistic expectations with clients bringing their traumatic experiences into the family court arena.

The Police Response to Domestic Violence

Gain general knowledge of the legal system and law enforcement as they relate to working with victims and survivors of domestic violence, with special focus on the Massachusetts Victim's Bill of Rights. The "Quincy Model," a national law enforcement model for responding to domestic violence situations, is discussed. The 209A restraining order and criminal complaint processes, along with strengths and challenges facing law enforcement when responding to domestic violence, are also examined.

Session Ten

Sexual Assault

This presentation is designed to provide participants with general knowledge about sexual assault, including definitions, statistics, and types of sexual assault. Populations vulnerable to sexual assault will be discussed in addition to examining common myths of the typical rapist.

Teen Dating Violence

Participants explore issues facing adolescents experiencing unhealthy or abusive dating relationships and gain knowledge to recognize teen dating abuse. In addition, models for intervening with teen victims and offenders are considered.