



## DOMESTIC VIOLENCE AWARENESS TRAINING - FALL 2019

DOVE’s Domestic Violence Awareness Training is a comprehensive overview of issues related to dating and domestic violence, as well as working with survivors. It is ideal for social service providers, advocates, law enforcement, health care workers, clergy, and anyone committed to helping end domestic violence.

This intensive training – complete with expert speakers, videos, and role-plays – offers valuable knowledge and skill-building needed to appropriately work with victims and survivors of domestic violence.

Wednesday, September 4	5:30-8:45pm	Domestic Violence ~ An Introduction/Overview <i>* Strongly recommended if attending other sessions</i>
Monday, September 9	5:30-8:45pm	Understanding the Abuser
Wednesday, September 11	5:30-8:45pm	History of the DV movement and Navigating our Systems
Monday, September 16	5:30-8:45pm	DV Work with/within Faith Communities, Immigrant Communities
Wednesday, September 18	5:30-8:45pm	Working with Survivors and Risk Assessment & Safety Planning
Monday, September 23	5:30-8:45pm	DV Work with/within in LGBT/Q (Lesbian, Gay, Bisexual, Transgender, +/or Queer) Communities
Wednesday, September 25	5:30-8:45pm	Children & Trauma and Later-in-Life Abuse
Monday, October 7	5:30-8:45pm	Legal Issues: Criminal Process & Family Law and The Police Response to Domestic Violence
Wednesday, October 16	5:30-8:45pm	Working with Survivors with Mental Health &/or Substance Abuse Issues
Monday, October 21	5:30-8:45pm	Sexual Assault and Teen Dating Violence

*Wednesday, October 23rd 5:30-8:45pm ‘weather related make-up’ date if needed*

**Training Registration Fees:**  
\$30.00 (\$35 with CEUS) per session or  
\$270 (\$315 for CEUs) when you  
register for all 10 sessions

***Advanced registration is required***

**Training Location:**  
Quincy Center  
Please register for address.

***Social Work CEUS Approved***  
***See attached session descriptions***

For more information, or to register for one or all of the sessions,  
please register online: <https://tinyurl.com/DOVEFall2019>  
For questions email [Jen.Bolton@dovema.org](mailto:Jen.Bolton@dovema.org)



## SESSION ONE

### **Domestic Violence ~ An Introduction/Overview**

This is the first of ten sessions designed to educate professionals and community members on the many issues related to domestic violence. An overview of domestic violence is presented including; defining domestic violence, the five forms of abuse, the Cycle of Violence and Power and Control. Participants will also learn about DOVE's programs and services.

## SESSION TWO

### **Understanding the Abuser**

The presenter provides a profile of abusers, including a discussion about common myths and underlying realities. The second part of the session overviews abuser intervention programs and includes a description of their goals, collaborations, and key educational strategies.

## SESSION THREE

### **History of the Domestic Violence Movement**

Participants will gain a greater understanding of the roots of the domestic violence movement and explore where the movement started and discuss where change still needs to occur.

### **Navigating our Systems**

In part two, participate in a silent interactive survivor activity called "In her Shoes" where participants move, do, think and experience the lives of victims and survivors by reading cards that carry you through the obstacles of leaving an abusive relationship.

## SESSION FOUR

### **Domestic Violence Work with/within Faith Communities**

Victims and survivors of domestic violence are often involved with a church, synagogue, mosque, or other community of faith, and may turn to someone in this community for help. Consider domestic violence from the point of view of a faithful survivor, from the point of view of a faithful "first responder," and from the point of view of a congregation.

### **Domestic Violence Work with/within Immigrant Communities**

Examine the unique, multi-faceted challenges facing survivors in the Immigrant communities. Participants are educated about myths and stereotypes often associated with these communities. In addition, culturally appropriate and inclusive interventions are presented.

## SESSION FIVE

### **Working with Survivors**

Learn the knowledge and skills to work with adults who have experienced abuse. The issue of why victims stay in abusive relationships is re-framed to examine what prevents them from being safe, thus avoiding victim-blame. Crisis intervention, symptoms of abuse, trauma, and helper boundary issues are discussed.

### **Risk Assessment & Safety Planning**

Learn to identify key risk and dangerousness indicators and how to work with survivors to develop and implement safety plans when they are in relationships with abusers, preparing to leave such relationships, and what to do once the relationship ends.



## SESSION SIX

### **DV Work with/within L(esbian) G(ay) B(isexual) and/or T(ransgender) Communities**

Examine the unique, multi-faceted challenges facing survivors in LGBT communities. Participants are educated about myths and stereotypes often associated with these communities. In addition, culturally responsive interventions are presented.

## SESSION SEVEN

### **Children & Trauma**

Explore the devastating impact domestic violence has on children from birth through adolescence and into adulthood. Emotional, behavioral, and cognitive indicators are addressed. In addition, the parent-child relationship in the context of domestic violence is explored, as well as interventions for working with children.

### **Later-in-Life Abuse**

Learn about the special challenges facing older domestic violence victims, mandated reporting in elder abuse cases, as well as available resources and services.

## SESSION EIGHT

### **Legal Issues: Criminal Process & Family Law**

Learn about the role of using family court as part of an overall safety plan for survivors and their families, and examine the unique challenges faced by survivors in the family court system. Identify and discuss issues to be addressed in helping to set realistic expectations with clients bringing their traumatic experiences into the family court arena.

### **The Police Response to Domestic Violence**

Gain general knowledge of the legal system and law enforcement as they relate to working with victims and survivors of domestic violence, with special focus on the Massachusetts Victim's Bill of Rights. The "Quincy Model," a national law enforcement model for responding to domestic violence situations, is discussed. The 209A restraining order and criminal complaint processes, along with strengths and challenges facing law enforcement when responding to domestic violence, are also examined.

## SESSION NINE

### **Working with Survivors with Mental Health Issues**

Experiencing abuse can affect how a person feels, thinks, and interacts with the world. Examine how domestic violence can significantly impact a person's mental health and well-being. Explore new strategies to address safety and support wellness, providing integrated information, education and support.

### **Working with Survivors with Substance Abuse Issues**

Substance abuse, misuse, or addiction is a common method of relieving pain and coping with anxiety, depression and sleep disruption associated with abuse. Participants will learn about ways to better extend services and advocacy to survivors of domestic violence with co-occurring issues of substance abuse.

## SESSION TEN

### **Sexual Assault**

This presentation is designed to provide participants with general knowledge about sexual assault, including definitions, statistics, and types of sexual assault. Populations vulnerable to sexual assault will be discussed in addition to examining common myths of the typical rapist.

### **Teen Dating Violence**

Participants explore issues facing adolescents experiencing unhealthy or abusive dating relationships and gain knowledge to recognize teen dating abuse. In addition, models for intervening with teen victims and offenders are considered.

